

ProPASS Online Satellite Event – ISPAH Congress 2022

Towards the 1st device-based guidelines of physical activity, sedentary behaviour & sleep

2 November 2022

Program

Time (Neutral time zone starting at 0:00)	CET	Session and Speakers*	Chair
00:00-01:00	09:00-10:00	Opening, Welcome and recent developments in ProPASS Prof. Emmanuel Stamatakis <i>The University of Sydney, Australia</i>	Prof. Emmanuel Stamatakis <i>The University of Sydney, Australia</i>
		The WHO Perspective Prof. Fiona Bull <i>World Health Organisation</i>	
		Analyses of harmonised device-based data Dr. Jakob Tarp <i>Aarhus University, Denmark</i>	
		Findings from ProPASS' proof-of-concept IPD analyses: device-measured physical activity type and cardiometabolic outcomes <ul style="list-style-type: none"> - Dr. Matthew Ahmadi <i>The University of Sydney, Australia</i> - Dr. Jo Blodgett <i>University College London, UK</i> 	
01:00-01:05	10:00-10:05	Break	
		PAGAC – Physical activity guidelines for Americans: Perspective on device-based guidelines Prof. Peter Katzmarzyk <i>Pennington Biomedical Research Center, USA</i>	Prof. Mark Hamer <i>University College London, UK</i>

01:05-02:05	10:05-11:05	Device-based evidence for sleep guidelines: how good are accelerometers for sleep measurement ? <ul style="list-style-type: none"> - Prof. Annemarie Koster <i>Maastricht University, The Netherlands</i> 	
		Sleep regularity, timing, duration and risk of NCD and mortality: preliminary results from the UK-BioBank <ul style="list-style-type: none"> - Prof. Emmanuel Stamatakis <i>The University of Sydney, Australia</i> 	
		From measures to guidelines and surveillance <ul style="list-style-type: none"> - Dr. Karen Milton <i>ISPAH and University of East Anglia</i> - Prof. Jasper Schipperijn <i>ISPAH and University of Southern Denmark</i> 	
02:05- 02:10	11:05-11:10	Break	
02:10-03:00	11:10-12:00	Round table discussion with all speakers/panelists, including live Q&A from the audience.	Moderator: Prof. Marie Murphy, <i>The University of Edinburgh, UK</i>
		Closing remarks	

* All Sessions include Q&A