

↓ **10%**  
by 2025

**ISPAH's Eight Investments can support the achievement of global targets for all countries to reduce physical inactivity by 10% by 2025, and 15% by 2030.**

↓ **15%**  
by 2030



**WHOLE-OF-SCHOOL PROGRAMMES**



**ACTIVE TRAVEL**



**ACTIVE URBAN DESIGN**



**COMMUNITY-WIDE PROGRAMMES**



**HEALTHCARE**



**WORKPLACES**



**PUBLIC EDUCATION, INCLUDING MASS MEDIA**



**SPORT AND RECREATION FOR ALL**

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