



## About the Bangkok Declaration

At the November, 2016 ISPAH 2016 Congress, delegates and ISPAH members produced a new position statement aimed at advancing the global agenda and action on physical activity. The Bangkok Declaration (BKKD) is a consensus statement on the importance of physical activity for global health and the prevention of noncommunicable diseases and identifies how population based action on physical activity will contribute to achieving eight of the 2030 Sustainable Development Goals (SDG) agreed in 2015. The particular focus of the BKK Declaration is the important and political relevant co benefits of action to increase physical activity. Access your copy at [www.ispah.org/resources](http://www.ispah.org/resources)

As a follow up to the Toronto Charter (2010) and the 7 Best Investments for Physical Activity (2011), the BKKD is a short 4-page advocacy tool and road map for investment and actions at country, regional and global levels. It provides a clear case for partnerships with sectors inside and outside of health and is a new lever for advocacy and investments aligned with the SDG 2030 Agenda.

The BKKD was developed by ISPAH in partnership with the ISPAH2016 host ThaiHealth (The Thai Health Promotion Foundation) and is part of a set of regional and global efforts to support the growing social movement on physical activity. Six specific actions are outlined, which if implemented in all countries would advance progress towards achieving the 2025 target of increasing levels of physical activity by 10%.

**ON 30 January 2017 in Geneva** at the World Health Organization's 140<sup>th</sup> Session of the Executive Board endorsed a proposal to develop a Global Action plan on physical activity. The International Society of Physical Activity and Health (ISPAH) welcomes the intent to revitalize physical activity for health. Working closely with members, the NCD Alliance and other allies we will advance advocacy, evidence and our support to this undertaking in the lead-up to the WHO Executive Board and the World Health Assembly in 2018.

ISPAH encourages everyone to read and then circulate to your networks the link to the BKKD [www.ispah.org/resources](http://www.ispah.org/resources) . It is vital to engage many stakeholders and new partners

to raise the attention and seek implementation of the known effective actions to increase physical activity and reduce sedentary behaviours.

Additional supporting materials such as PowerPoint materials and letters of introduction to Ministers and government officials. If you have ideas on other tools that would help YOU use the BKKD, we would like to hear from you so get in touch with us at [isphaorg@gmail.com](mailto:isphaorg@gmail.com)

ACT NOW – USE THE Bangkok Declaration to advocate in your country!



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